

The Knoxville Track Club's Treadin' Trodden Trails 2017 Offroad Running Series proudly presents

LOYSTON POINT SCRAMBLE



DATE TIME PLACE: Saturday, December 9, 2017. 11:00 am. **KIDS RACE starts 10:30 am.** Starts/finishes at Loyston Point Campground, Andersonville, TN 37705. GPS coordinates: 36.269600, -83.964308

COURSE DESCRIPTION: The half marathon course winds circuitously through the recreation area, using marvelous trails including the Hemlock Bluff National Recreation Trail and the new Loyston Loop Trail. Lake views are majestic and frequent. The 10k course will be shorter but a great course nevertheless. **COURSE CLOSES 3:00 pm.**

KIDS TRAIL RUN 10:30 am: Course will be a miniaturized version of the adult course and guaranteed to be fun!

DIRECTIONS: Hwy 61 E., left on Park Road, right on Forgerty, left on Fox-Mill Creek. Right on Ridge Circle, left on Loyston Point Road.

REGISTRATION AND FEES: \$15.00 for preregistration and online registration. \$10.00 for students 14 and younger. KTC Volunteer Coupons accepted. Online registration available at www.ktc.org. **NOTE:** Day of Race registration \$20.00 or three volunteer coupons. Kids Race Kids \$5.00 (\$10 with shirt.)

NO REFUNDS AND NO BIB TRANSFERS.

T-SHIRTS: Special limited edition T-shirts will be printed for the series. This is the same shirt as at all other Treadin' Trodden Trails races; One shirt per runner **PER SEASON** please. Taking multiple shirts minimizes monies we are able to donate to trail friendly causes.

AWARDS AND REWARDS: Awards will vary from race to race, but each race offers the eminent satisfaction of completing a challenging run, testing oneself against the elements and participating in a delightful romp among the woods, waters, hillsides, and fields of East Tennessee.

SPECIAL SERIES AWARDS: Points will be awarded for overall finish (and volunteerism) at each of the TTT Series races. Top point earners at the end of the series (10 each male / female and < 40 / 40+) will receive TTT Series awards. Overall top male and female and top male and female masters qualify for free entry to the entire 2018 Treadin' Trodden Trails racing season. In order to qualify for a series award, an individual must be a current KTC member and volunteer at a minimum of three Treadin' Trodden Trails events. Point totals accrue in a maximum of eight series events. Details on KTC website. This is the last race of the 2017 season and could determine overall winners.

RESULTS: Results will be available on the Knoxville Track Club website: www.ktc.org

COURSE ETIQUETTE: We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive to volunteers. Due to insurance regulations, no headsets, earphones, bicycles, baby strollers, roller blades or pets on the course.

SAFETY: Aid and water stations will be provided, but in an effort to be greener, we require all runners to carry their own water. If you don't own a handheld, consider purchasing one. Otherwise a basic water bottle will be provided. We also strongly recommend that anyone sensitive to insect stings or bites carry their own medication. Finally, we urge that everyone do some pre-race training offroad, as there is no substitute for experience. We want you to have a good time.

INFO FOR RUNNING OR VOLUNTEERING: Contact Race Director Pete Crowley at psscottcrowley@gmail.com More info, 865.548.4718.

OFFICIAL 2017 LOYSTON POINT SCRAMBLE ENTRY FORM

Race Number

Address _____

Race Half 10k Kids

City _____ State _____ Zip _____

Name Last _____

Phone () ____ - ____ E-Mail Address _____

First _____

**In case of emergency, call _____
at Phone () ____ - ____**

**COURSE CLOSSES
3:00 PM**

Sex Circle One male female

**We reserve the right to disqualify anyone who exhibits
unsportsmanlike conduct or is abusive to volunteers!**

Age (as of 12-31-15) _____

ATHLETE'S RELEASE: PLEASE READ, TO RUN THE RACE, YOU MUST SIGN AND DATE IT.

Birthdate Mo. ____ Day ____ Yr ____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release & discharge any and all rights & claims for damages & causes of suit or action known or unknown, that may have against The Knoxville Track Club, Anderson County, TVA, Road Runners Club of America, and all other political entities, all independent contractors & construction firms working on or near the course, all KTC Committee persons, Officials & Volunteers, & all sponsors of the race, & related Race Events & their officers, directors, employees, agents & representatives, successors, & assigns, for any and all injuries that may be suffered by me in this event. I attest that I am physically fit, am aware of the dangers & precautions that must be taken when running in warm or cold conditions, & have sufficiently trained for the completion of this event. I also agree to abide by any decision of an appointed medical official relative to my ability to safely continue or complete the run. I further assume and will pay my own medical & emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses. Further, I hereby grant full permission to the Knoxville Track Club and/or agents hereby authorized by them, to use any photographs, videotapes, motion pictures, recording, or any other record of this event for any legitimate purpose at any time. I further understand that there are no entry refunds, exchanges, transfers or rollovers, and that the event may be cancelled due to severe weather conditions, natural disasters, or threats to local and national security including suspected terrorist activity. I understand if I use a MP3 player, IPOD, headset, cell phone or other electronic device while participating in the event, I will do so in a reasonable way using common sense, courtesy, and awareness of those around me. I have read this waiver carefully & understand it.

T-shirt Size (circle one)

None YM YL XS S M L XL

Fill Out Completely and Mail with Entry Fee to:

Michael deLisle, Loyston Point Scramble
1633 Helmbolt Rd Knoxville TN 37909

Make checks payable to
The Knoxville Track Club (No refunds)

Athlete's Signature

& if under 18, parent's signature

Date