



The Knoxville Track Club's Treadin' Trodden Trails 2017 Offroad Running Series proudly presents

WANDERERS TRAIL RACE

DATE TIME PLACE: Sunday afternoon, **January 15, 2017. 2:00 pm.** EST. Starts/finishes at Maryville College in Maryville TN.

COURSE DESCRIPTION: This 5k course meanders through the woods, crossing hills, dales, rocks, roots, streams, and grassy knolls. **Kids Trail Mile preceeds main race at 1:30**, running a similar fun course in the woods. Race will be chip timed.

DIRECTIONS: From Knoxville, take Pellissippi Parkway or Alcoa Highway toward McGee-Tyson airport. Past the airport, bear left toward Maryville on 35 (N. Hall Road) for 3 miles, then turn right onto 321 (Lamar Alexander Parkway). Turn left onto S. Court Street, then turn left into the Maryville College campus. Take your next two right turns, going by the baseball field then between two football fields. Race begins and ends at the pavilion next to the College Cemetery. Or just point your GPS device to latitude 35.749133, longitude -83.960869

REGISTRATION AND FEES: Fee: \$15.00 for pre-registration and online registration. \$10.00 for students 14 and younger. KTC volunteer coupons accepted. Online registration available at www.ktc.org. **NOTE:** Day of Race registration \$20.00. Kids Run fee \$5.00 any time.

SPECIAL SERIES REGISTRATION OFFER: Sign up online for Nine for 99 race series and SAVE BIG! Details at www.ktc.org **Expires 1/13/2017.**

T-SHIRTS: Special limited edition technical T-shirts will be printed for the series. This is the same shirt as at all other Treadin' Trodden Trails races; one shirt per runner PER SEASON please. Taking multiple shirts reduces monies we are able to donate to trail friendly causes.

RACE NUMBER PICKUP: Numbers will not be mailed. Pick up number at race site 30-90 minutes before the start.

AWARDS AND REWARDS: Awards will vary from race to race, but each race offers the eminent satisfaction of completing a challenging run, testing oneself against the elements and participating in a delightful romp among the woods, waters and fields of East Tennessee.

SPECIAL SERIES AWARDS: Points will be awarded for overall finish (and volunteerism) at each of the TTT Series races. Top point earners at the end of the series (five each male / female and <40 / 40+) will receive TTT Series awards. Overall top male and female and top male and female masters qualify for free entry to the entire 2018 Treadin' Trodden Trails racing season. In order to qualify for a series award, an individual must be a current KTC member and volunteer at a minimum of three Treadin' Trodden Trails events. Point totals accrue at most series races (details online) but individual totals are limited to the best scores in a maximum of eight series events.

RESULTS: Results will be available on the Knoxville Track Club website: www.ktc.org

COURSE ETIQUETTE: We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive to volunteers. Due to insurance regulations, no headsets, earphones, bicycles, baby strollers, roller blades or pets on the course.

SAFETY: Aid and water stations will be provided, but in an effort to be greener, we require all runners to carry their own water, i.e., no cups provided at aid stations. If you don't own a handheld, consider purchasing one. Otherwise a basic water bottle will be provided. We also strongly recommend that anyone sensitive to insect stings or bites carry their own medication. Finally, we urge that everyone do some pre-race training offroad, as there is no substitute for experience. We want you to have a good time.

INFO FOR RUNNING OR VOLUNTEERING: Contact race director Tony Owens 865.323.3753 (tonyyikes@gmail.com). More info 865.548.4718

OFFICIAL 2017 WANDERERS' TRAIL RACE ENTRY FORM

Race Number

Address _____

Race 5k

Kids

City _____ State _____ Zip _____

Name

Last _____

Phone () _____ - _____ E-Mail Address _____

First _____

**In case of emergency, call _____
at Phone () _____ - _____**

Sex Circle One male female

**We reserve the right to disqualify anyone who exhibits
unsportsmanlike conduct or is abusive to volunteers!**

Age (as of 12-31-17) _____

Birthdate Mo. ____ Day ____ Yr ____

T-shirt Size (circle one)

S M L XL

ATHLETE'S RELEASE: PLEASE READ, TO RUN THE RACE, YOU MUST SIGN AND DATE IT.

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the Wanderers' Trail Race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and /or volunteering to work in the aforementioned race, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, and anyone entitled to act on my behalf, waive and release KNOXVILLE TRACK CLUB, MARYVILLE COLLEGE, BLOUNT COUNTY, AND THE CITY OF MARYVILLE any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Fill Out Completely and Mail with Entry Fee to:

Michael deLisle, Wanderers' Trail Race
1633 Helmbolt Rd
Knoxville, TN 37909

Make checks payable to
The Knoxville Track Club (No refunds)

Athlete's Signature

& if under 18, parent's signature

Date