

Female - Race by Race Totals

First Name	Last Name	Team	NYD	Sphalf	SP10	P10	P20	KM5k	KMhalf	KM	DW	Hal	EXPO10	EXPO5K	Fireball	SB10k	SB5k		Total
Nancy	Adado							2						2.50					4.5
Karyn	Adams					1								0.50					0.5
Gretchen	Addison				2														2
Leann	Adkins	Corryton Running Club	2		1.5									1.50					5
Suzie	Allard				1.5														1.5
Debbie	Allen	Tennessee Pre + Eddie's Health Shoppe	6		3	3													12
Candice	Allgood	C. John Run		5															5
Candice	Allgood		4																4
Abbie	Archer					1									1.00				1
Cheryl	Arthur	Boxwood Sprinters									3								3
Alisha	Ashburn				2.5														2.5
Michelle	Atchison			4					5										9
Rachel	Atkins	Fit4Mom West Knoxville				1											0.50		0.5
Cindy	Atkinson			5															5
Julie	Atkinson			3															3
Anna	Bagley					1							5						5
Cassandra	Bainbridge				2														2
Lynn	Balone									5									5
Alli	Baker					1									2.00				2
Emily	Baker					1											2.50		2.5
Neela	Baker								3										3
Tierra	Baker					1							2						2
Katie	Baksa	Tennessee Pre + Eddie's Health Shoppe	9	5											9.00	9.00			32
Lily	Ball				2.5														2.5
Isabella	Barczak							2											2
Catheine	Barnes					1							2						2
Melanie	Bartholomay				0.5														0.5
Jennifer	Bayola					1							1						1
Joni	Beachly													1.00			2.00		3
Suzanne	Becker							2.5								4.00			6.5
Charlotte	Beckford							2											2
Lisa	Bendin				1.5														1.5
Ashley	Bentley	C. John Run				2.5							2						4.5
Morgan	Berry	Fit4Mom West Knoxville								1									1
Katelyn	Bertou					1							1						1
Anna	Besh								5										5
Jodie	Birdwell	South Knox Sprints 4 Beer									4		1		1.00				6
Ella	Blake			4				1.5			5			2.00					12.5
Angie	Blevins					1								3					3
Sophie	Blondel	WildHer		3				1.5	3										7.5
MacKenzie	Blount	OTF Bearden 2.0			2.5						5								7.5
Rachel	Blumhardt									1									1
Graceann	Bobich									4									4
Julie	Bonner							1.5		2									3.5
Angelina	Borisov	Personal Best Racing	3												2.00				5
Angelina	Borisov							2					2						4
Ella	Borrelli								2										2
Theodora	Bourni					1							2			5.00			5
Melissa	Bowden																		2
Skylan	Bracey									1									1
Michele	Brackett				0.5	0.5								1.00					2
Julie	Braden					2									1.00				3
Erin	Bradford	C. John Run			1.5						3			1.50			2.50		8.5
Melanie	Bradley					1								3.00					3
Caylie	Browe							0.5											0.5
Ashlyn	Brown	bearden 2.0 run team				1											1.00		1
Doris	Brown					2													2
Rachel	Brown						9			3									12
Shana	Brown									4									4
Tricia	Bruce						7												7
Tiffany	Buchanan									1									1

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Volunteer

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Kelly	Davis	Tennessee Pre + Eddie's Health Shoppe									4			2.00				6
Lindsay	Davis															1.50		1.5
Marina	Debity	East Coast Adventures								2								2
Isabelle	Defreese	WildHer		3.5						5								8.5
Savannah	DeFreese	WildHer		2							2							4
Hannah	Dennis			1														1
Meagan	Dennison					5												5
Audrey	Dew			1.5														1.5
Emma	Dewalt			2.5					2									4.5
Abby	Dickens				2.5													2.5
Barb	Dittig										1							1
Sarah	Dixon									5								5
Kyra	Donnell													4.00				4
Josie	Donnelly								2									2
Brynn	Downing	RunKnox			2													2
Ashley	Doyle									5								5
Nicole	Drapeau		1															1
Dee	Dulin								4									4
Andrea	Duncan													4.00				4
Carrie	Duncanson															1.50		1.5
Lella	Dunn													1.50				1.5
Sara	Dutton	Team Dutton							5									5
Brittany	Dyer													3.00				3
Katie	Dykes	Dykes Family									2							2
Taylor	Easterday													2.00	4.00			6
Tracey	Eckerman	Clayton Homes					2.5											2.5
Jasmine	Elgersma			2														2
Brittany	Ely												5					5
Jacqueline	Emmons												4					4
Kelly	Endelman		1															1
Kara	Ervin													2.00				2
Gabriella	Esquivel				1.5													1.5
Melissa	Estep					2												2
Brooke	Estes													2.00				2
Reagan	Estes							1										1
Jane	Fadgen	Back of the Pack Elite												2.00		1.50		3.5
Jeanne	Fair										3				4.00			7
Amy	Farr			3						2								5
Brigitte	Fasciotto									4								4
Cathy	Felker			1														1
Kate	Finch													5.00				5
Abigail	Foederer	C. John Run														1.00		1
Kelly	Fox													1.00				1
Heather	Fraser					2												2
Amanda	Freels						1											1
Abby	French	Worst pace scenario									1							1
Laura	Froning	Fleet Feet Knoxville						2	4									6
Kim	Fry			2														2
Jamie	Garcia									2								2
Kimberly	Gebhart	C. John Run		4										3.00	7.00			14
Laura	Gelles			2										1.00				3
Catherine	Ghourani					0.5												0.5
Courtney	Gifford		5								4							9
Jackie	Gilmer		1															1
Tina	Gilreath	C. John Run															0.50	0.5
Brooklyn	Girdley	C. John Run														5.00		5
Sarah	Glei												3		1.00			4
Jennifer	Goins							1										1
Lilla	Goldston										2							2
Margaret	Goodell										1							1
Krystal	Goodman	Pilot Company						2.5										2.5
Krystal	Goodman		1															1
Svetlana	Gordon										2							2
Kara	Goucher						1.5											1.5

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Carissa Paige	Green					2													2
Dawn	Green										3				1.00				4
Angela	Grey										2								2
Carrie	Griggs						2												2
Becky	Grindstaff		3								5		4						12
Debbie	Gronstrom	Team Really									2						2.00		4
Mary	Guffey							0.5											0.5
Cassidy	Gupton	Icee King											5						5
Holly	Gwin							1											1
Brennan	Hackett														4.00				4
Pam	Haggard												1						1
Lexi	Hall												4						4
Stacey	Hamblin							1											1
Melissa	Hamm						4												4
Lois	Haney			1															1
Jennifer	Harper	Corryton Running Club					4												4
Kinley	Harris														2.00				2
Kaitlyn	Hartman	Tennessee Pre + Eddie's Health Shoppe	1													5.00			6
Alexandra	Hawkins					1.5													1.5
Katie	Hawkins										2								2
Amy	Hayes	CNS Y-12								3									3
Eleanor	Heins				1														1
Whitney	Heins		7	7										4.50					18.5
Mickey	Helm														4.00				4
Ava	Henderson														1.00		1.50		2.5
Jessica	Hendricks																1.00		1
Caroline	Henry					2													2
Carol	Herndon														1.50				1.5
Elizabeth	Herndon	Tennessee Pre + Eddie's Health Shoppe			4.5	4.5							8						17
Bethany	Heslam							3	3										6
Alyssa	Hett	Regal						0.5											0.5
Lisa	Hill										5								5
Ashley	Hilmes														1.00				1
Sarah	Hitchcox	bearden 2.0 run team														5.00			5
Sarah	Hodak					1.5													1.5
Kate	Hoekstra									3									3
Michelle	Holmes			1	2									2.50					5.5
Molly	Holmes	Pilot Company									9								9
Mary	Holston			3						2									5
Samantha	Horak				1.5														1.5
Cheryl	Horn	C. John Run							6		6		7			6.00			25
Caroline	Houser	RunKNOX							9										9
Jillian	Howell										4								4
Pam	Howerton	Corryton Running Club	1							2									3
Kami	Humphrey													1.00					1
Kelly	Humphrys	Team Really															1.00		1
Hilary	Hunter		4		2.5														6.5
Chatham	Ibach									4									4
Sarah	Jackson				0.5														0.5
Eboni	James													2.00					2
Ashleigh	Jameson					2.5													2.5
Ryan	Janiak													1.00					1
Tam	Jaramillo				0.5														0.5
Joan	Jaworski							0.5											0.5
Lindsay	Jendrek					2.5													2.5
Alyssa	Jenkins							1.5											1.5
Lizzy	Jenkins													2.00					2
Lilly	Jensen														3.00				3
Aerielie	Johnson									4									4
Barbara	Johnson							2											2
Betty	Johnson							1											1
Brenda	Johnson										4								4
Casey	Johnson				0.5														0.5
Jessica	Johnson													1.50			2.00		3.5

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Lorrie	Johnson	Hyper Pacers	4	5		3		2			5		5.00	5.00		29
Mary	Johnson							1								1
Sarah	Johnson								2							2
Tanya	Johnson									2						2
Ashley	Johnston				1							0.50				.5
Rianne	Johnston					3										3
Lisa	Jolley	Team parker									1					1
Savannah	Jones						2.5									2.5
Monica	Joyce							5								5
Phoebe	Judge							4								4
Kylie	Kapustka							1								1
Grace	Kastens											2.00				2
Katie	Kearney	C. John Run		1						1		4				6
Kendra	Keaton												3.00			3
Nikki	Kehn			3			4									7
Kaitlyn	Keim							4								4
Deana	Kelley										4					4
Lela	Kelly						2.5									2.5
Kristi	Kempton					2.5										2.5
Kyli	Kennedy										2					2
Mia	Kennedy											2.00				2
Grace	King			0.5												0.5
Harper	Kirby											5.00				5
Caitie	Kite	Team Really												1.50		1.5
Elizabeth	Klavon											2.50				2.5
Sarah	Klug		3													3
Charissa	Knouff	she runs the foothills											3.00			3
Rochelle	Kolar	she runs the foothills											3.00			3
Komal	Kooduvalli										2					2
Emily	Korson	CNS Y-12		3												3
Alyssa	Koster	C. John Run	4													4
Nicole	Krewson				2.5											2.5
Emily	Kroll						2.5									2.5
Olivia	Krutz			5												5
Kaelyn	Kuhn						4				7					11
Grace	Laird				2											2
Hester	Lam		2													2
Vicki	Lam						0.5									0.5
Erin	Lamb	scruffy city endurance											4.00			4
Rian	Lamb	scruffy city endurance											5.00			5
Missy	Lane	Team Really		2						3						5
RIA D	LANGFORD							5								5
Michelle	Lanninga	WildHer			1											1
J. Amy	Lawhorne					1.5										1.5
Ashley	Lawrence	Team Really				0.5				1				4.00		5.5
Dianne	Lay	Team Really											1.00	4.00		5
Amanda	Lee												2.00		2.50	4.5
Kat	Lewis								5			2.50				7.5
Caroline	Lezon							2								2
Chelsie	Little											2.50				2.5
Susan	Little												1.00			1
Amanda	Litton										1					1
Felicia	Lloyd									6			5.00	6.00		17
Lindsay	Lloyd												2.00			2
Patty	Longmire											0.50				.5
Alessandra	Lopez	Laps for Luis	2													2
Catherine	Lover girl			2												2
Audrey	Lovin		1													1
Abigail	Lovingood	WildHer		1												1
Ruthie	Lynd							1								1
Rachel	Lynn			3												3
Lori	Lyttle				1.5											1.5
Jenna	Madison						1									1
Kathleen	Mahoney							4								4

Madeline	Malone				2														2
Ilona	Marino									3									3
Susan	Martin													2.00					2
Taylor	Mattioli										3								3
Shiloh	Mays														4.00				4
Joan	McAlexander		4																4
Charlotte	McCarley							0.5			5								5.5
Erin	McCarty								5				5						10
Molly	McCarty													2.50					2.5
Kitty	McClanahan				1														1
Janet	McConkey										3								3
Kass	McCool										1								1
Kate	McCormick				1														1
Susan	McCrary														3.00				3
Ashley	McDermott															0.50			0.5
Elizabeth	McDermott																1.00		1
Jessica	McDermott																0.50		0.5
Suzanne	McGaha										2								2
Dawn	McIntyre								1										1
Jennifer	McKelvey	Runner's Market									5			3.00			3.00		11
Mary Beth	McLain								3										3
Bobbi Jean	McMurray													1.00					1
Erika	McNair															2.00			2
Tori	McNair															1.00			1
Gracie	Meadows													2.00			2.50		4.5
Lexi	Michelson																2.50		2.5
Ashley	Meyer				2.5										5.00				7.5
Debra	Meyer														0.50				0.5
Katie	Meyer	Pace House	3																3
Dina	Miller				0.5														0.5
Molli	Miller									2									2
Savannah	Miller		5					1											6
Leslie	Mills									4									4
Alejandra	Mindiola															1.00			1
Marnie	Minton-Bigbie												3						3
Mia	Montgomery				2.5														2.5
Linda	Moody									1									1
Jennifer	Moore	Tennessee Pre + Eddie's Health Shoppe				1.5		2.5					4		3.00	4.00			15
Kimberly	Morales	C. John Run			2														2
Erin	Morrison						5												5
Jennifer	Morrison	Bearden 2.0 Run Team									3								3
Marsha	Morton	Runner's Market	5	6		3		6			6	6	6		6.00	6.00			50
Susanne	Morton	Scruffy City Endurance		2		3.5		2.5						2.50					10.5
Kelley	Motley															2.00			2
Kelle	Motsko			3					5										8
Kim	Mowell				1														1
Cynthia	Moyle	The Runs											3		3.00				6
Mary-Margaret	Murray															4.00	3.00		3
Megan	Murray																		4
Caylee	Murrell													1.50					1.5
Janine	Myatt						6												6
Catherine	Nance														0.50				.5
Kathy	Nash	Team Really	3	4		2							4		3.00	4.00			20
Rachel	Neal	Wildher											1						1
Sheri	Nemeth			5															5
Katy	Neubert				2.5														2.5
Megan	Nolen	Tennessee Valley Authority						2											2
Kasey	Norrod	Bearden 2.0 Run Team	1								3			2.00					6
Kelly	Novarro	Corryton Running Club		4			6	1		3									14
Jenna	Ohlmeyer			1															1
Susan	Olson									4									4
Katharine	Oshaughnessy							1.5											1.5
Karol	Ostrowski								2										2
Libby	Overholt									6									6

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Athena	Owenby	Corryton Running Club	4					2.5									2.50		9
Amy	Owens	C. John Run	4	2															6
Ava	Pacetti									1									1
Cindy	Pack	C. John Run	2																2
Emily	Pack	Runner's Market		1											5.00				6
Jennifer	Parker	Runner's Market		5						1									6
Suzanne	Parker	Team Really				1.5													1.5
Elisa	Parra							1.5											1.5
Caitlyn	Parsons									3									3
Valerie	Patenotte			3															3
Brittany	Paxton												4			5.00			9
Kaleigh	Peevy			1															1
Tracy	Peevy				2.5			3											5.5
Lindsay	Pennock														4.00				4
Betsy	Perez	Laps for Luis		5															5
Yorya	Perez	C John Run			1.5								3				2.50		7
Elizabeth	Perusse	bearden 2.0 run team															0.50		0.5
STEPHANIE	PESTERFIELD								7										7
Quinn	Peters			1											5.00				6
Olivia	Peterson								1										1
Stephanie	Phelps					1.5													1.5
Alison	Phillips	WinterPhillipsPham													1.00				1
Winter	Phillips																0.50		0.5
MaryJane	Pitts	C. John Run		5		2.5									2.50				10
Ashley	Platzer												5						5
Gabrielle	Pointon																		3
Erin	Potterton	Corryton Running Club		1				3	2	3					4.00	1.00		3.00	14
Kathryn	Powell	SlowKno Running Club			1.5							4							5.5
Brenda	Prachell	C. John Run										3					2.00		5
MARIA	PRADO	C. John Run		5		3						3			5.00		2.50		18.5
Samanta	Pulido	C. John Run													0.50		1.00		1.5
Lindsay	Purtell									3									3
Vickie	Pyfrom					1													1
Ashley	Random	C. John Run													3.00		1.00		4
Alison	Ray	Runner's Market		8											8.00				16
Julia	Ray									7									7
Cambria	Reardon														4.00				4
Cheryl	Reardon														2.00				2
Emily	Reid											4							4
Kelly	Reid								6										6
Danielle	Reilly			1															1
Lindsey	Reinstrom	Scruffy City Endurance			2														2
Hannah	Reymond	Tennessee Pre + Eddie's Health Shoppe		4	4							4					3.50		15.5
Grayson	Reynolds									3									3
Brittny	Rhodes									5									5
Diana	Richmond									3									3
Savannah	Rivera	C. John Run										9			4.00				13
Teresa	Robbins							0.5				1			1.50		2.00		5
Catie Grace	Roberts											3							3
Sara	Roberts			2															2
Kate	Robinson	West High XC Team and Alumni							8										8
Kristen	Robison	Runner's Market													6.00				6
Brielle	Rodrigues											1							1
MUNA	RODRIGUEZ	Personal Best Racing		2															2
Judy	Romanowski														2.00				2
Lisa	Rome											1							1
Lauren	Rosenbush	Personal Best Racing						1.5											1.5
Deb	Ross	Team Really		2															2
Jessie	Roth							0.5											0.5
Lauren	Roth	Runner's Market		5											5.00				10
Gina	Rouse	Runner's Market								8	8	8							24
Lydia	Rouse														3.00				3
Emily	Roy	Panthers				4			3										7
Stephanie	Ruffner	she runs the foothills														2.00			2

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Kristin	Sylvia								2									2
Charlotte	Tallent	Back of the Pack Elite												2.00	1.00			3
Trina	Tate	Corryton Running Club						1						2.50				3.5
Keiko	Tateiwa									5								5
Amanda	Taylor										1			1.50				2.5
Charlene	Taylor	C. John Run	1										5			5.00		11
Diane	Taylor									3								3
Kathy	Taylor						6		3									9
Mary	Taylor			5														5
Tammy	Taylor				2													2
Marie	Tedesco			5														5
Elizabeth	Temple	Crossville Run Club			4													4
Becky	Tener	Team Really	3	2						5	4		3			3.00		20
Alicia	Teubert	Runner's Market	2		2.5													4.5
Stephanie	Thomas							0.5										0.5
Annalisa	Thompson	WildHer		6														6
Lorraine	Thompson	C. John Run												1.00		1.50		2.5
Wimberly	Thompson		2															2
Melinda	Thornton							1.5										1.5
Karen	Thrush							2										2
Amanda	Tipton						5											5
Lauren	Toth								2		3							5
Lauren	Trahan				2.5													2.5
Jessica	Truan														2.00			2
Sonya	Tubb						5						1					6
Kelly	Tuerff	Team Parker											3					3
Lynn	Tuerff	Team Parker											1					1
April	Tuggle						2											2
Dawn	Tull														3.00			3
Blair	Turley								3									3
Carol	Tuttle	Team Really												2.00		2.50		4.5
Meredith	Underwood		3															3
Jaclyn	Van Nes	C. John Run	1															1
Eva	Vandenhurk	Panthers							5									5
Debbie	Vitanza		4															4
Kelsey	Von Fange												5					5
Melinda	Waddell										2							2
Andie	Wagner															2.00		2
Kaye	Walker	Team Really											3					3
Catherine	Wallace													5.00				5
Meredith	Wallace	C. John Run	3						1					2.00				6
Nedda	Wallace							1.5										1.5
Zandra	Wallin													0.50				0.5
Katie	Walters										4					4.00		8
Elizabeth	Wanersten															0.50		0.5
Caroline	Ward								1									1
Whitney	Warner	South Knox Sprints 4 Beer												2.50				2.5
Hannah	Warren					1.5												1.5
Sarah	Watling		2															2
Rebekah	Waters													2.50				2.5
Nikki	Watts								1									1
Victoria	Weir													1.50				1.5
Shelley	Weiss															1.50		1.5
Gina	Welc				2.5													2.5
Tammy	Wells												2					2
Brittany	West	knoxville endurance														2.00		2
Kate	West	Pilot Company						0.5			1							1.5
Jaiden	Weston									2								2
Jennifer	Weston	Runner's Market											6					6
Rebecca	Whitehead		1															1

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Alexandrea	Whitfield																	1.50		1.5
Jennifer	White							2									3.00			5
Leslie	Wilkerson																	2.00		2
Lisa	Willcutt																2.00			2
Betesu	Williams	Corryton Running Club	1			1		2.5	2								2.50	4.00	2.50	15.5
Jamila	Williams					1														1
Kelley	Williams																	4.00		4
Rose	Williams										2									2
Shelby	Williams																1.50			1.5
Teresa	Williams	Corryton Running Club		2	1															3
Parker	Willis										4									4
Stephanie	Wilson							0.5			5									5.5
Carla	Wilson						4													4
Danielle	Wilson	Tennessee Pre + Eddie's Health Shoppe							3		5						3.50			11.5
Deirdre	Wilson	OTF Bearden 2.0			2.5														2.50	5
Doris	Windsand	Runner's Market	4		2.5	2														8.5
Heather	Winter	IcyWinter															0.50		2.00	2.5
Julie	Winter	WinterPhillipsPham															1.50			1.5
Paige	Winter																		2.50	2.5
Rhonda	Winter																1.00			1
Susan	Wise							1.5												1.5
Ashley	Wise-Mitchell	Tennessee Pre + Eddie's Health Shoppe	5		0.5							5						4.00		14.5
Brooke	Wojcieszek								1											1
Pam	Wolsey							1												1
Kathy	Wolski	Runner's Market	6					3.5											8.00	17.5
Ellie	Wolski	Runner's Market																	5.00	5
Haley	Woodall					0.5														0.5
Lori	Woods																1.00			1
Lynsey	Worley			1																1
Sophie	Wright																	1.00		1
Makyla	Wyatt		4								7									11
Kyoko	Yamamoto	Tennessee Pre + Eddie's Health Shoppe	5		2	2.5					5						4.00		3.00	21.5
Ashley	Yarbrough					0.5														0.5
Michele	Yates	Rugged Running								6										6
Kristen	Young						4													4
Chang-Hong	Yu	Tennessee Pre + Eddie's Health Shoppe	4	5							2								2.00	13
Abbie	Zander			4																4
Kaitlyn	Zander	KMC Running		5													2.00			7
Molly	Zander			3																3
Melissa	Zickefoose					2														2
Sheri	Zieminick					0.5														0.5
Megan	Zimbeck		2							1										3
Maria	Zolkowski	KMC Running															2.50			2.5

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